

MARCH 2014

*Celebration Center for Spiritual Living
 Promoting a way of life that honors all paths to God
 Illuminating the Washington DC Metro area since 1985*

VOLUME 7, ISSUE 3

Rev Trish's Article	1
Practitioner Corner	2
March Theme	3
Council Corner	4
Metaphysical Lent	5
Book Review	
PosiPalooza Concert	6
Answers to ... "Where Are We Headed"	7
12 Step Science of Mind	8
10 Lazy Listening Habits	
Tucker-Hill Library Day	9
Volunteer Reunion Day	
Did You Know... Sacred Dance	
Meditation Opportunities	10
Season for Peace & Nonviolence	12
Stay Tuned for Awesome April	13
Ministries, COREs & Teams	15



Surrendering to Transformation

Rev Trish Hall

Last month I challenged everyone to “Loving the One, Loving Oneself,” and questioned whether we have a handle on either of those. This month is phase one of a two-part journey of transformation. Transformation is not for the faint of heart. To be willing to transform is the ultimate declaration of faith. In order to open to transformation, we must be willing to let go of all that is known, all that we know about ourselves, all of the identifiers that are so comfortably reassuring. Far beyond belief that often calls on conditions for validation, surrendering to transformation requires a level of trust that many humans find challenging. Transformation is described as a thorough or dramatic change in the form, appearance, or character. It is likened to metamorphosis - the dropping away of what was known in order to awaken to whatever is. Spiritual transformation requires us to embrace a

new identity, a new incarnation of which we may not have an inkling. This is the declaration, “Here I am, Lord. Use me!” without checking it out in advance to see if it is an assignment that meets our worldly concept of ourselves. Whew! What an amazing idea! Do you find the whole idea a bit scary?

Very often we feel scared when we are moving into something we don't know. It may be when we are asked to go somewhere or do something for the first time. It's unfamiliar and doesn't fit within our identity, our self concept. It doesn't match who or what the world says we are. By the way, our first and most limiting mistake is to accept the world's opinion of who/what we are! There is within you (within each of us) a “divine prototype” ... the person that Spirit is ...

CONTINUED ... 14

**Building
 Community
 on a
 Foundation
 of
 Love**

Practitioners' Corner

... Suzanne Delahaie, RScP

Set a New Pattern

Psychologists say it takes about 21 days to set a new thought pattern in our consciousness. What if we committed to holding a new thought pattern for 40 days? That is what the great teacher Jesus did when he went into the wilderness to fast and pray for 40 days. This period of 40 days of prayer and fasting is modeled in Christendom by Lent.

Most Christians think of Lent as a time to give something up. I once asked my sister, a Catholic, what she was giving up for Lent, and she said that instead of giving up something for Lent, she was going to adopt a pattern of love and kindness towards the people she interacted with. She added that the idea of Lent was not to necessarily give something up, but to adapt a new pattern for life and living.

In Keep A True Lent: The Unity Lenten Guide, Charles Fillmore writes: "Unity believes that we can keep Lent best by denying ourselves not "things" but negative thoughts and feelings. And, through prayer and study, we can contemplate the victorious Christ and attempt to be more like Him."

While the Centers for Spiritual Living does not have any practice for Lent, we can each adopt the practice of fasting from negativity and instead practice the life we want to live: one of peace, love, joy and abundance, by prayer and thinking of those things we want in our lives during this time. In this manner, we engage in the new pattern of transformation of our lives towards those things that we truly desire to have manifesting for us, through us.

What is a Practitioner?

A practitioner is one who endeavors to heal themselves and others through the recognition of the creative power of Mind and the ever availability of Good. Practitioners are individuals who have been trained in the art, skill and science of Affirmative Prayer. A Practitioner seeks to demonstrate the power of spiritual realization in everyday affairs and believes in Divine guidance. A Practitioner sees through whatever condition someone is facing to the spiritual truth of being, bringing about a change in the circumstance. Practitioners are bound by a high code of ethics and licensed to practice professionally.

Gary Belair—517/214-2130	Libby Hecker—703/580-0761	* Ed Preston—703/273-4272
LaMar Bennett—571/425-2525	Duke Height, Emeritus—703/998-3092	Gail Renwick—571-235-8689
* Laurie Bolster—703/534-2748 +	* Lyn Iannazzo—703/534-2748 +	Nancy Stephens—571/970-5668
Maxine Clair—202/364-6114	Irina Kurasiewicz—703/823-3826	Patricia Stocks—202/547-7104
Suzanne Delahaie—301/498-2025	Rich Kurasiewicz—703/823-3826	Mary Tanzer—703/671-0765
Peter Fitzner—703/532-0209	Tim Phares—301/498-2025	Leslie Waldrup—202/363-0067
Carol Haave—703/628-6649	Aimee Phillips—302/245-3533	Caron Ward—571/331-9273
Dorothy Hand—302/226-7776	Diane Preston, Emeritus—703/273-4272	Wyllene Watson-Wilfong—301/588-4418
		* Hospital Chaplain + Interfaith Minister

March Theme: “Transforming, Individually”

Our job is not to convert others, but to transform ourselves. The way of the “planetary healer” is to engage in personal transformative spiritual practices with the intention to transform oneself. As we change, the world around us cannot not change. Although we are not here to convert anyone, we are here to change the world. Being the activity of Spirit as Love becomes a magical magnetism that arouses the desire in others to share in the experience. It becomes an irresistible force that heals relationships, reveals magnificence, embraces and celebrates uniqueness and spreads the bounty of the unlimited givingness of God to all: Prosperity in every area of life reigns.

And it all begins with you, with me, with us!

Date	Speaker	Title	Music
March 2	Rev Laurie	“Transformation—Boldly Go Where?”	Amy Conley
March 9	Rev Trish	“Communing with Spirit”	Amy Conley
March 16	Rev Trish	“Moved by Spirit”	Richard Mekdeci
March 23	Rev Trish	“Spirit In Me, As Me, Is Me”	Celebration Choir
March 30	Rev Kelli Jareaux	“I Am the Principle of the Matter”	Amy Conley



Rev Kelli Jareaux, an ordained Interfaith Minister, is fun, passionate, compassionate and endearing. Her goal is to live as an explorer, transformer and unifier. She does this through the blending of her wonderfully divergent skills, abilities and experience. She is a practicing Attorney and Mediator, a Life Coach and Facilitator. Rev. Kelli has served as an Expert Consultant to the Peace Corps on issues of racial and cultural diversity and been an advisor on such matters to universities across the country. She is a graduate of Howard University, Inner Visions Institute for Spiritual Development, and Georgetown University Law Center. She writes extensively on race, culture and spirituality and is the co-author of *Hopwood, Bakke, and*

Beyond: Diversity on our Nations Campuses and *Sacred Secrets: Finding Your Way to Joy, Peace and Prosperity*.

Let’s push past our comfort zone when we bring love out into the world.

Too often we hold back because it doesn’t feel socially acceptable.

Let’s redefine socially acceptable and

Enable the whole world to feel our love, God’s love, the One love.

... Steve Farrell

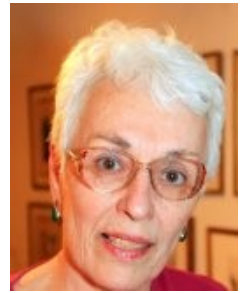
Your Leadership Council ... Inge Schweiger, RScP

The theme for this month is “*Transforming Individually.*” The dictionary states that transformation is an act, process or instance of changing or being changed in form and appearance, or undergoing an exalting, gratifying or spiritual change in the mind of man.

This brings to mind a very personal transformative experience that I went through a while back. For a long time I had apparently chosen to go through a lot of negative thinking concerning another individual with whom I had ongoing contact in a number of ways. One thing or another just always seemed to pile up and I hadn't been in a very open and healing space about this for some time. Then, one day, out of the blue, with no conscious decision making on my part, I asked this person to forgive me for anything I might have said or done that was unlike love. It was a powerful moment and I like to think that it was an activity of The One Mind, of Spirit, that led me not only to make peace through asking for forgiveness, and by doing so to reclaim my inner power, to restore equilibrium in my thoughts and emotions. Our mutual forgiveness was a moment of total openness and love that has since served to let more good come into both of our lives and to enjoy our interactions.

Although the above is drawn from my experience, I am not alone in having been transformed by serving on the Council. We have learned to set aside personal likes and dislikes in order to focus on the greatest good for Celebration Center and our beloved congregation. It isn't always easy because all of us have preconceived ideas of how to.... We have learned to address rather than deny a problem when it arises. The key is to take away the power we may have given it by remembering our Oneness with the Mind of God which guides and directs us to heal all our challenges every chance It gets, so your Core Council gives It that chance. We look forward - we look ahead - to determine how best to strengthen our Center and uplift our congregation. We make choices in concert with Spirit and each other.

I feel a great sense of appreciation for our Council members and for the love that God is, for the Truth God reveals and for the healing that God expresses in our lives and activities.



Vice President
Inge Schweiger



Treasurer
Caron Ward



Frank Mitko



Charles Lewis
Secretary



President
Janine Bilyeu



Cathy Cronin



Rev Trish Hall

Metaphysical Lent

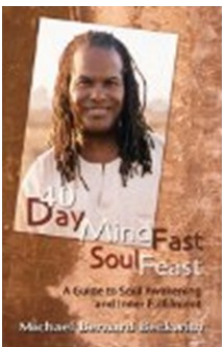
...starting March 9th

The English word “lent” derives from the Germanic root for Spring - a time of awakening, a blossoming, a birthing of new. It’s a stretch to understand how something so gloriously alive got transformed into a time of deprivation and repentance. It feels like spiritual practice got tangled up in “material malpractice” that amplifies a sense of separation and denial of our divine nature. As a friend once said, “it’s like eating the menu instead of the meal!”

Fortunately, it’s not a stretch we will be making. Instead we are going to be stretching our conscious encounters with the Divine. We will be stretching our commitment to stay awake and release what no longer serves us (if it ever did). We will be stretching our capacity to have an ever expanding realization of the Divine within ... of our own Divinity.

Our lenten diet will ban “stinkin’ thinkin’” like doubts, fears, unworthiness as we fill to the brim with Love, Peace, Prosperity, Joy and ...!

Whether you come from Christian or Jewish roots, practice Vedanta or Buddhism or follow a pagan tradition, this spiritual journey will be deeply rewarding. Join a small group to share your experiences (highly recommended) or opt for a solo journey ... it’s up to you. Just be sure to be part of this powerful experience as we move through 40 days of mind fasting and soul feasting.



***40 Day Mind Fast Soul Feast:
A Guide to Soul Awakening and Inner Fulfillment
by Michael Bernard Beckwith***

Many books tempt us to devour them so quickly that we don’t really have a chance to digest their profound teachings. In contrast, *40 Day Mind Fast Soul Feast* is a book to savor one day at a time, one chapter at a time.

The author, Michael Bernard Beckwith, is the founder and spiritual director of the Agape International Spiritual Center in California. Dr. Beckwith’s many years of exploration of consciousness include enrollment in the Ernest Holmes School of Ministry, an influence clearly present in his New Thought - Ancient Wisdom teachings.

In the Introduction, Beckwith explains that this not a book to be read cover-to-cover, but a “scared tryst with the Spirit.” He instructs the reader to “listen as the Spirit speaks to you in the voice of your own inner guidance system ... throughout each of the forty days.” Each chapter begins with a quote from classic sources of wisdom such as the Bible, the Upanishads, Emerson, and Holmes. Beckwith presents the daily contemplation in a rich but concise 3 pages that can be read, re-read, and remembered throughout the day. He includes a suggested focus for applying the insight throughout one’s day, and then ends each chapter with an affirmation that embodies the teaching and the daily focus. This conscious focus on each day’s reading allows us to linger in contemplation, truly feast on the wisdom he presents, and enrich it with our own inner voice and outer experience.

As a little appetizer, here are some of the chapter titles: “Service, Not Servitude,” “Laugh the Laugh of Buddha,” and “Stop Living Your Life on the Lay-Away Plan.” Starting your day with contemplations like these is truly the “breakfast of champions!” During March and April we will have an opportunity to participate in a 40-day soul feast together as a group based on this book - a perfect way to celebrate the season of renewal.

emPOWER))) MUSIC & ARTS

PRESENTS

PosiPalooza!

a unique musical conversation

Featuring:

- Freebo •
- Glen Roethel •
- Richard Mekdeci •
- Sue Riley •



Saturday, March 15, 2014 - 7:00 pm
 Tickets \$20.00 - On Sale Now!



Celebration Center for Spiritual Living

2840 Graham Road Falls Church, VA (703) 560-2030

Tickets Now on Sale at the Opened Mind Bookstore
 Or Online at

<http://ccsl-posipalooza.eventbrite.com>

Answers to “Where are we headed?” ... Rev Laurie

Every once in a while it’s a good idea for any organization to check out how it’s doing. If it’s *thriving* it makes sense to review the how and why of it’s success (making sure it’s in alignment, and not printing money in the basement). If it’s just getting by, or struggling, an overall reality check is in order. Has something major in the environment changed? How about the organization itself? Are people participating in what’s being offered? Are they being fulfilled? Happy? Is the place financially fit? Can a visitor walk in and see the Vision and Mission demonstrated in the life of the Center?

Thus, facilitated by Rev. Aimee Daniels, the Celebration Center congregation took a couple of sessions, a month apart, to review. In a powerfully Conscious sequence, we let go of “what needs to be released” about the Celebration Center, we opened to a candid look at our financial situation, our Leadership Council, Ministers and Practitioners. We shared our Visions for each of them. No long probing, just “What’s the Vision?”

During the second session, the divine clarity that flowed through individual working groups took on wonder-filled energy as we saw new commitment ignite, delight and energy bubble up and action steps unfold. Exciting substance and guidance for adjustments, from tweaking to paradigm shifts were revealed.

Trusting the power and creativity of the One Mind, and in great gratitude, the Celebration Center for Spiritual Living is moving forward - focused, laughing, cleaning house, anticipating, releasing, preparing, SEEING what’s to be seen, moving our feet.

We are living into our new declaration of who we are! **We are a loving, welcoming, supportive Spiritual home which serves the community and offers opportunities to play, grow and thrive. We are awake and alive.**

First Sunday Feasts continue March 2nd



March’s “First Sunday Feast”

Casseroles

Unleash your Casserole Creativity
or

Sign up for side Dishes such as:

- Veggies
- Breads
- Salads
- Desserts



Monthly 12 Steps and New Thought ~ For anyone in any 12-Step Program

Second Saturdays from 9:00 - 10:00am - Loft Suite 200

Are you in a 12-Step Program of Recovery and trying to integrate it with New Thought? Would you like to share your experience, strength and hope with like-minded people? Here's a meeting for talking about your program of recovery within our spiritual belief. If you thinking "yesssss" please come. Keeping it simple ... Questions? Rev. Laurie - (571) 265-4869 (BYO Beverage)

10 Lazy Listening Habits ... A Circle to Help Us Avoid Them

Sunday March 16 from 1:00 to 3:00 PM with Teri Murphy

The *presence* required for deep listening is a spiritual practice that could change the world, according to many of today's leading edge spiritual teachers. Marshall Rosenberg, founder of the movement for Non Violent Communications, warns against these ten listening habits that get in the way of presence.

1. Advising: *You should...*
2. Educating: *You could...*
3. Storytelling: *That reminds me of the time...*
4. One-Upping: *That's nothing, Listen to this...*
5. Sympathizing: *Oh, you poor thing,..*
2. Consoling: *You did the best you could...*
7. Interrogating: *When did this begin?*
8. Correcting: *That's not how I remember it.*
9. Shutting Down: *Cheer up.*
10. Blaming: *What in your consciousness created that?*

Most of us have a preferred mode—mine is #7. (And if you think you don't do any of these, ask your spouse or best friend.) They get in the way of us being fully present to the divinity in us that yearns to connect with the divinity in the speaker.

Rosenberg teaches us to tune in beyond the speaker's words. No matter what the other person says, he advises, listen only for what they are feeling, needing, and requesting. How to do that? He teaches three questions we can ask in place of our habitual responses.

Please join me in a circle for practicing these new ways of responding. As part of our celebration of the Season for Non Violence, I want to share what I've been learning from NVC and related practices over the last couple years. We'll sit in a circle. One of us will talk about something that is up for them. And the others will just listen, truly listen. *Gifts of Gratitude are welcomed*

* * *

If we have enough interest, a six-week practice series will follow. The techniques to be learned are simple and I need all the practice I can get—just ask my husband.

Rosenberg's book, *Nonviolent Communication, a Language of Life*, is available in our bookstore. If you purchase it online, please do so through the Amazon button on our Website.

Tucker-Hill Library Day

March 9th

Come celebrate the wonderful lending library by helping shift books to new shelves to make room for the cataloged books awaiting their spots on the shelves. This is a perfect example of “many hands make light work” so please come lend a hand. The reward for work well done will be typical library party fare of cookies and punch. *It amazing ... we have over 1500 titles cataloged* and more yet to be added! to our ever growing library. *Y'all come to the loft after service on the 9th!*

Volunteer Reunion Day

Saturday, March 22nd

9:30 AM to 3:00 PM

YOU ARE CORDIALLY INVITED TO a fun get-together day for *anyone* who has ever volunteered for *anything* at the Celebration Center! Helping set up food or stack chairs on a Sunday counts. Last fall's “volunteer day” was such a hit we're doing it again. Reunion is a combo day for getting together, hanging out, being thanked, exploring spirituality and spiritual growth, and sharing a yummy lunch.

It's **FREE**, so please be sure to *sign up in the sanctuary*. For planning materials and food, we really need to know how many people are coming. Thank you!
Questions? Contact Rev. Laurie.

Did You Know ...?

Sunday, March 23rd

1:00 PM in the Loft

Following Celebration Service, Maxine Clair will help you remember ... by providing a brief—one and a half hour—introduction or re-introduction to meditation for anyone who can breathe. Do come join us in the Loft at 1:00 o'clock. If you can breathe, you can meditate.

Sacred Dance

Mondays 12:30 to 2:00 PM

Sandra Kammann guides us through movements to honor the natural physics of the human body beginning with breath and release work. Recognizing our bodies as temples, we welcome and explore the flow of transformational energy. Classes include floor work, spiral pathways, healing improvisations, moving meditation, dance phrases and joyful community. Come every week or attend when you can. Suggested donation \$15. No one turned away for lack of funds. Join us !!

Registration / Information: skammann@aol.com or 301-758-5606

Meditation Opportunities ... to suit everyone

You are invited to join Rev Trish and others in Revealing
God's Highest Expression as Your Life ... and ...

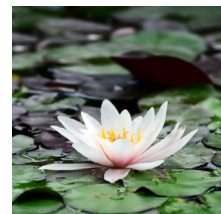
How Spirit Desires to Express as Celebration Center!

We use a Visioning Process similar to that used by Agape International

First and Third Sundays—9:30 AM in the "Loft"

No experience needed ... the Divine within knows exactly how to do it!

"Join Me in the Silence" is Maxine Clair's Invitation Every Wednesday



Come discover or re-awaken to the loving support that group meditation can give to your personal practice. No matter what religious or spiritual leanings you subscribe to, the simplicity of sitting in stillness expands the gifts of presence, awareness and attention you allow yourself to experience.

When: Wednesdays, 7:00 - 7:30 pm and 7:45 - 8:15 pm
Doors open at 6:45.

Where: The Loft. For your quiet arrival, you will enter the library area and then proceed to the central Silence Zone

Special Meditation with Tibetan Bowls

First Sundays - 6:30 PM

(Please arrive early to prepare to start promptly)

Immerse yourself in healing sound of the Tibetan bowls. Through a range of tones and overtones you will experience physical and spiritual release. Attendees are encouraged to lie on a yoga mat and feel the vibrations carry along the floor and enter into their bodies. These vibrations help you meditate and provide healing energy at a cellular level. While sitting or lying on the floor you may experience physical, emotional and/or spiritual healing.

- 1) You may wish to bring a yoga mat and small blanket so you may sit or lie down in comfort.
- 2) For those who arrive late, you are welcome to join us ... as quietly as possible.

Every Third Sunday Practitioners Connee Chandler and Ed Preston Invite You to the Calm of Evensong

Evensong is a worship service spoken or sung at the onset of evening to mark the close of day with gratitude and to compose the mind and renew the spirit for the coming week. Our Evensong is a peaceful, relaxing combination of prayer, meditation and music. This precious gathering is serene ... a coming together of Heaven on Earth and the Even Song's endless fulfilling of the Divine through the motion of the Universe. Give yourself a gift. Set the tone and intention of every third week within peace, grace and God centered living.

Where: In the Sanctuary

When: 6:30 PM every 3rd Sunday

Come prepared to be restored, renewed and revitalized within the loving experience.

Experience Taizé ... Become Entranced by the Melodic Chanting and the Glow of Candlelight 4th Sundays

Taizé evokes a rich collective consciousness that joins with others around the world. It is a prayer of peace. It is characterized by simple songs and musical lines that are sung or chanted by the whole assembly of various nationalities, languages, and denominations. Participants immerse themselves in the simple yet profound harmonies allowing themselves to go more deeply into the meditative experience in the music offset by periods of silence and prayer.

Where: In the Sanctuary

When: 6:30 PM every 4th Sunday

Global Chanting 5th Sundays in the Sanctuary

We are part of a global network of chanting circles. Our mission is to use chanting as a vehicle for global transformation and healing. We are open to wisdom from all traditions without being linked to any one teaching or ideology. Our sacred chant collection includes chants from the Buddhist, Christian, Hindu, Jewish, Native American, Sikh, and Sufi traditions. At the beginning of a session, each member dedicates the love, blessings, and healing energy that is to be generated in the circle to serve as a beneficial presence raising the consciousness of peace throughout the world.

Season for Peace and Non Violence

January 30 - April 4, 2014

The "Season" is a national 64-day educational, media, and grassroots campaign dedicated to demonstrating that nonviolence is a powerful way to heal, transform, and empower our lives and our communities. That peace will only be achieved when individuals commit to embracing peace in every aspect of their own lives. Inspired by the 50th and 30th memorial anniversaries of Mahatma Gandhi and Dr. Martin Luther King, Jr., this international event honors their vision for an empowered, nonviolent world.

Vision

As a human family we are asking the question: "How can any act of violence be recognized as a solution to the consequences of violence that we face today?" Violent actions and reactions are the scars of social, educational, and economic wounds... the voices of a spiritually inarticulate culture.

The practice of nonviolence is initiated by choice and cultivated through agreement. The time has come to agree upon this as a global community--as if our lives, and those of our children's children, depended on it. Our vision is of a better world for all human beings.

To this end, we undertake "Gandhi & King: A Season for Nonviolence" by applying our efforts and resources to identifying, then bringing into focus the spectrum of grassroots projects and programs by individuals and organizations who are *pro-actualizing* a peaceful social order.

Mission

Our mission is to create an awareness of nonviolent principles and practice as a powerful way to heal, transform and empower our lives and communities.

Through an educational and community action campaign, we are honoring those who are using nonviolence to build a community that honors the dignity and worth of every human being.

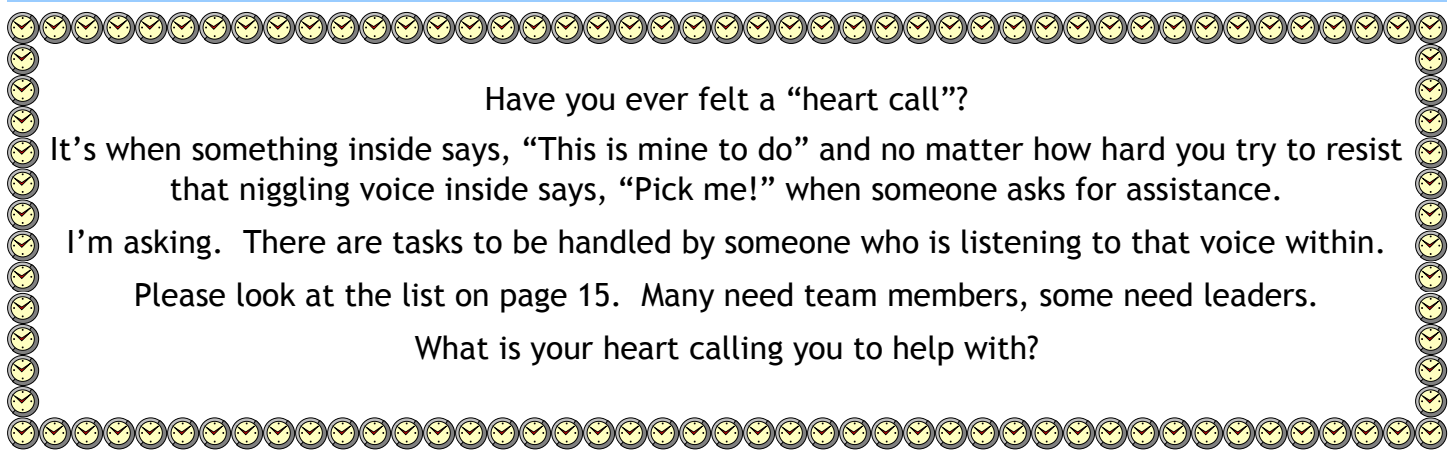
We are demonstrating that every person can move the world in the direction of peace through their daily nonviolent choice and action.

At Celebration Center

We are dedicated to fully embracing all expressions of the Divine in Love and doing our part through prayer and action to bring forth a peaceful world

We are committed to manifesting the Global Heart Vision of a world that works for everyone, everywhere ... no exceptions

"No one is born hating another person because of the color of his skin or his background or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite." -1994, from Nelson Mandela's autobiography, "Long Walk to Freedom"



Have you ever felt a “heart call”?

It’s when something inside says, “This is mine to do” and no matter how hard you try to resist that niggling voice inside says, “Pick me!” when someone asks for assistance.

I’m asking. There are tasks to be handled by someone who is listening to that voice within.

Please look at the list on page 15. Many need team members, some need leaders.

What is your heart calling you to help with?

“Stay Tuned for Awesome April Possibilities!!

- ✓ April 5th Concert with world renown Lisa Ferraro and Erika
- ✓ April 6th a fabulous funshop on Revealing Your Creativity!
- ✓ First Sunday Feast! Bring *your favorite dish* and we’ll have a Divine Potluck!
- ✓ Sunday Seminar Series ... April 27th a free workshop on Financial Planning for Fun and Freedom
- ✓ Spiritual Practices “Tutorial” in April in our “Did you know?” series will focus on prayer
- ✓ Traditional Passover , Good Friday Meditation and Easter



Area Science of Mind Directory

Hampton Roads Center for Spiritual Living

Sundays—10:30 AM
 Virginia Wesleyan College,
 1584 Wesleyan Drive, Norfolk, Va. 23502
www.hamptonroadscsl.org
 Rev. Ruth (757) 271-1552 ruth@ruthlittlejohn.com

Stafford Study Group

Wednesday Evening 7:00 PM
 Where: Frank P. Moncure Masonic Lodge
 2001 Courthouse Rd, Stafford VA 22554
 Info: Rev. Faith Woods: 703-216-6601

Center for Spiritual Living DC

Sundays on Capitol Hill—11:00 AM
 Wednesdays in Takoma DC—8:00 PM
www.CSLDC.org
RevAlex@CSLDC.org 202-906-0754

Anne Arundel-Maryland City Study Group

When: Alternate Thursdays 7:00 PM
 Where: Maryland City Russet Library, Laurel, MD
 Info: Tim Phares, RScP or Suzanne Delahaie, RScP
 (301) 498-2025

Sterling Study Group

First & Third Sundays
 Where: Hampton Inn off Route 7 in Sterling, VA
 Info: Connee Chandler, RScP (703) 406-3427
 or website: www.sterlingstudygroup.org,

**For other Centers of Spiritual Living,
 Teaching Chapters & Study Groups
 Go to: www.csl.org**

Continued from page 1 expressing ... the image and likeness of God. When we subject ourselves to being designed by others, we are constructing obstacles between our human selves and our most magnificent experience of Spirit as us. We participated in constructing blockages so we have the means - our minds - to dismantle them.

The call to transform is the call of Spirit within to align with our Spiritual Truth. It is not a call to build a new you. Nor are you being called to make temporary changes to make it easier to fit into the world around you. The call to transformation is the call to come home to being fully alive. The call is to return to our natural state. In his song, "I Return," David Ault captures what it's all about:

I return ... to the source of my creation,
opening to my place of transformation.
Now I see - Love lives in me.

Transformation is a moving inward to fully awaken to being the presence of Love. As Love we are then to function in the world - emissaries of the most powerful healing force in the universe. In many ways, serving as bodhisattvas - those who when presented with the option to move on to Nirvana or return to the world of form to bring light, love and compassion - they have opted to be here now.

Transformation is the return to a clarity of purpose, to a path of simplicity that can thrive within the chaos that often accompanies this human journey. It calls us to inspire, to breathe in and ignite with the fire of Spirit. To recognize that we are just as spiritual, just as essentially perfect as we ever can be. It is up to each of us to be and share that knowing with others. It's a time to turn off WIIFM (the "what's in it for me" radio station) and tune into the values and qualities that make this human experience a gift. Start by consciously choosing to change how you relate to the world around you. There's a very interesting and sometimes challenging practice that I like to call, "don't just do something, sit there." Sit there long enough to open to the Divine Within. When you encounter a challenge, don't default to habit. Choose NOT to deal with your circumstances, however tempting that may be. Rather, deal with your inner experience. Center yourself and then, from that calm center choose how you are to respond to circumstance remaining clear that circumstances do not control you. You control your circumstances.

I invite you to join me over these next two months - first focusing on transforming individually and then next month on how to make a difference universally. This journey can lead us along the path of St Francis of Assisi ...

Lord, make me an instrument of your peace,

Where there is hatred...let me sow love

Where there is doubt...faith

Where there is darkness...light

Where there is injury...pardon

Where there is despair...hope

Where there is sadness...joy

Divine Master, grant that I may not so much seek to be consoled...as to console, to be understood...as to understand, to be loved...as to love. For it is in giving...that we receive,

it is in pardoning, that we are pardoned, for it is in dying ... that we are born to eternal life.

Namasté
Rev Trish

Ministry, CORE & Team Leaders...

We deeply and gratefully acknowledge the selfless service given by
our CORE, Team and Ministry Leaders and Members

COREs, Teams and Ministries	Coordinator	Telephone	Email
CORE Council	Janine Bilyeu	703-309-4067	Janine_38@hotmail.com
Enhanced Visibility			
Opened Mind Bookstore			
Tucker-Hill Library	Suzanne Delahaie	301-498-2025	tbpsmd@cavtel.net
Vision CORE	Rev Trish	703-677-7102	revtrish@cox.net
Stewardship CORE	Rich Kurasiewicz	703-823-3826	rikivin@yahoo.com
Operations & Finance	Duke Height	703-998-3092	Israel.height97@verizon.net
Loving Our Home			
Ecclesiastical CORE	Rev. Trish Hall	703-677-7102	revtrish@cox.net
Practitioners	Suzanne Delahaie	301-498-2025	tbpsmd@cavtel.net
Family Ministries			
Music Ministry	Amy Conley	703-671-1802	amidee01@aol.com
Educational Services	Duke Height	703-998-3092	Israel.height97@verizon.net
Welcoming Team	Melinda Erdberg	703-876-9693	lindae703@aol.com
Kitchen Angels			
Special Events			
Global Heart Outreach			
Congregant Services CORE	Rev Laurie Bolster	703-534-2748	Lifesgrandlb@earthlink.net
Care Team	Nancy Newman	703-409-2881	nnewman123@cox.net
Congregant Connections	Frank Mitko	703-405-8384	Frank_mitko@verizon.net
Sacred Service	Libby Hecker	703-580-0761	lib3by@verizon.net
LGBT and Friends			
Men's Group	Sam Jenkins	703-866-2478	ysmtysam@yahoo.com



2840 Graham Road, Falls Church, Virginia 22042

"The Sanctuary"

2830 Graham Rd #220, Falls Church, Virginia 22042

"The Loft"

Telephone: 703/560-2030 Fax 703/560-1261

info@celebrationcenter.org



Serving the Washington, DC Metro Area since 1985, the Celebration Center is a multi-cultural, inter-generational Center that embraces and nurtures all people seeking personal growth and spiritual transformation. We teach the transformative philosophy of Science of Mind and Spirit that empowers people to awaken to their own Divinity and that of all life. We encourage everyone to expand their receptivity to an ever expanding experience of the Divine, since we know that "the limitless givingness of Spirit is available to all to the degree that they are open to receive".

Each Sunday, we offer an array of opportunities in which to immerse oneself in Spirit. Our Celebration Service and our Family Ministries Programs for youngsters of all ages are at 11:00 AM. We also have a 6:30 PM evening service. Throughout the week there are classes, discussion groups and activities to suit varied interests.

To learn more about us, go to our website: www.celebrationcenter.org. email our Community Spiritual Leader, Rev Trish Hall at revtrish@cox.net, call our offices at 703/560-2030 or come to services. All are welcome here!

Calendar

Sunday Service Schedule

11:00 AM Celebration Service

6:30 PM Evening Service

-1st Sunday Tibetan Bowls/
Meditation

-2nd Sunday-On hold

-3rd Sunday-Evensong

-4th Sunday-Taizé

-5th Sunday-Meditation/
Chanting

~ See pages 6-7 for details ~

Like us on Facebook 

On Going in the "Loft"

Sundays

1:00 to 3:00 PM

1st Sunday—Practitioners' Meeting

3rd Sunday—Family Ministries

Tuesdays

2nd & 4th Tuesdays

Men's Group 7:00-9:30 PM

2nd Tuesdays

Leadership Council 7:00 PM

Wednesdays

Silent Meditation 7:00 PM

Saturdays

12 Step and New Thought

9:00—10:00 AM Suite 220

Wednesdays ... in the Sanctuary

Choir Rehearsal—7:30-9:00 PM

Celebration Center Staff

Senior Minister

Rev Trish Hall 703/677-7102

Office Manager

Duke Height, RScP Emeritus
703/560-2030

Music Director

Amy Conley 703/298-3026

Bookstore Team Manager

Family Ministry

Link to these booksellers through our website and generate commissions for our Center.

