

### DECEMBER 2013

VOLUME 6, ISSUE 12

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How many miracles did you observe in our year of consciously seeking to notice the myriad miracles that abound around us?

2013 Míracle Consciousness Celebration Center for Spiritual Living Promoting a way of life that honors all paths to God Illuminating the Washington DC Metro area since 1985



## "More Than Enough"

Rev Trish Hall

"More than enough" is neither good nor bad unless it is happening to us. I once lived across the street from a river. Most of the time, it was a beautiful river running through a greenbelt with walking paths and big trees. I loved the low consistent drone that the moving water provided. At places along the river, it churned and roiled as rapids tumbling over rocks and down steep faces. Near my home it moved with less turbulence. During the dry summer months, sometimes I would judge it to be not enough because there were farmers down river who had to share the water to irrigate their crops and the fish in the reservoir further down river needed fresh water to survive. Once in a while, when rains came and melted the snow pack too rapidly for the river channel to accommodate, my wonderful tranquil river would flood. I would quite logically judge that there was definitely more than enough! I

liked my river to stay within standards that I had set. I didn't want it to go below my idea of enough and I certainly wasn't grateful for it to rush over my yard and sweep people's belonging off to who knows where. I liked my river to stay in my parameters.

We have a tendency to do this in all areas of our lives. Many young people eager to express their individuality declare their mother's care and concern as "smother love" ... definitely more than enough! Looking out my window at the leaves that have fallen all over our lawn as more than enough whereas when they were providing shade during the summer heat, there were just enough - the perfect quantity. Ah, how fickle we are.

The Bible promise that it is, "God's good pleasure to give us the kingdom," triggers interesting responses. The giver gives unconditionally CONTINUED ... 16

## Practitioners' Corner ... Irina Kurasiewicz, RScP

December is the month when it looks like Nature has fallen into a deep, deep sleep. The days are short and pretty cold. That's one of the reasons why people like to decorate their houses with a lot of lights and celebrate the Light of God.

There are a lot of holidays around the world in December. People celebrate the beginning of new life, say good-bye to the year they lived through. They are ready for the New Year. Under the quiet cover of Winter, Mother Nature doesn't stop: It is constantly providing. It gives strength and power to all creatures, to itself--It creates abundantly.

There is only one Source. It is God Itself which creates and provides generously and continuously. There is always enough: enough for everything and everybody; enough to live, to be happy and to share. When we share we are co-creating Divine Abundance and it comes back to us in so many different ways and forms. Think of being God's BIG helper this December by creating more wealth, peace and joy on the planet. Let there be light!

For you daily spiritual practice I suggest the following Affirmation:

In this moment and every moment my Good comes to me; more than enough and plenty to spare to give and to share! God is my source! I do give thanks, that this is so!

And so it is!

### What is a Practitioner?

A practitioner is one who endeavors to heal themselves and others through the recognition of the creative power of Mind and the ever availability of Good. Practitioners are individuals who have been trained in the art, skill and science of Affirmative Prayer. A Practitioner seeks to demonstrate the power of spiritual realization in everyday affairs and believes in Divine guidance. A Practitioner sees through whatever condition someone is facing to the spiritual truth of being, bringing about a change in the circumstance. Practitioners are bound by a high code of ethics and licensed to practice professionally.

Gary Belair—517/214-2130	Libby Hecker—703/580-0761	* Ed Preston—703/273-4272
LaMar Bennett—571/425-2525	Duke Height, Emeritus—703/998-3092	Gail Renwick—571-235-8689
* Laurie Bolster—703/534-2748 +	* Lyn lannazzo—703/534-2748 +	Nancy Stephens—571/970-5668
Maxine Clair—202/364-6114	Irina Kurasiewicz—703/823-3826	Patricia Stocks—202/547-7104
Suzanne Delahaie—301/498-2025	Rich Kurasiewicz—703/823-3826	Mary Tanzer—703/671-0765
Peter Fitzner—703/532-0209	Joshua Payne—443/532-7633	Leslie Waldrup—202/363-0067
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Dorothy Hand—302/226-7776	Diane Preston, Emeritus—703/273-4272	* Hospital Chaplain + Interfaith Minister

## December Theme

# ... More Than Enough

Whenever I encounter comparatives such as "more," a little voice pops in with, "than what?" More than enough for one person may be hardly enough to be noticed by another. For some, "more than enough" equates to overwhelming. How we perceive our world is completely subjective and completely dependent on what we are thinking about it at any given time. It changes moment by moment as we change and make choices. William Shakespeare summed it up with, "There is nothing either good or bad but thinking makes it so."

During December we are going to delve into perceptions and gratitude and how we have to grow ourselves to be bigger receptacles in order to have a grander and grander experience of this thing called "life." One of our resources will be Dr. Holmes little book, "The Art of Life." (See Rev. Laurie's review on page 9).

Date	Speaker	Title	Music
December 1	Rev Trish	"Overwhelmed?"	Amy Conley
December 8	Rev Trish	"Spilling Over"	Amy Conley
December 15	Rev Faith Woods	"More Than This"	Amy Conley
December 22	Rev Trish	"You Are the Christ"	Celebration Choir
December 29	Rev Trish	"On Your Mark!"	Amy Conley



We are delighted that Rev. Faith Woods, our former Assistant Minister, is blessing us with her company as our Guest Speaker on December 15th—the day of our Holiday Reunion Potluck. We are inviting everyone who has ever been part of Celebration Center to come to the reunion to re-connect and catch us up on what is going on in their lives. Everyone is invited. So take this opportunity to bring friends to this wonderful Holiday Party as well. What a wonder-filled time to introduce others to our beloved spiritual family.

Be sure to mark your calendars for Rev. Faith's time with us in Celebration Service and for the Reunion Party following serve!!

## Council Comments

## ... Inge Schweiger, RScP (Ret.)



President Janine Bilyeu

"More Than Enough"

"I AM ENOUGH..." Thinking about what these words mean to me, for my life, I know that they can only mean good - all kinds of good - for I live, breathe, and have my being in God. In knowing that my life and God's life are One Life, I can't help but recognize the Truth of my perfection. I am complete in every way, God is the Source and Substance of ALL life and I recognize the power and presence of God everywhere in my life and I know that truly "I AM ENOUGH." What else do I need or desire.



Vice President Inge Schweiger



Treasurer Caron Ward

I trust and accept the Truth of this statement for myself, for my fellow Core Council members, our minister, and all of our congregants. We are all intimate, loving parts of the One Mind expressing in us, through us, and as us. Your Core Council works throughout the year, guided by Spirit, to solve important issues confronting our beloved CCSL, "we are enough." We know that Celebration Center is all of us and that together we are "more than enough." We know the combined wisdom of your leadership team and all members reveal the highest and best for all concerned, be it a matter of church finances, humanitarian efforts for the community, caring for members that are temporarily indisposed. We provide meals, provide transportation to medical appointments, physical therapy or whatever else is needed. We are a caring congregation that generously cares, always ready and willing to provide and donate of its time, its talents and its treasures thus assuring that our Center is able to continue its ongoing congregational programs and services. Celebrate yourselves for all that you have done and continue to do in support of our Center.



Jheri Maggard



Cathy Cronin

We share our lives not only by belonging and attending the same spiritual home but because we all originate from the same Source: God, the Creator, whose Divinity lives within us all. In our At-One-Ment with God, we can relax into the knowing that Spirit within guides and directs our paths and when we align ourselves with the Truth of our beings, we can truly accept and internalize that "WE ARE ENOUGH." What a warm and fuzzy feeling!



Rev Trish Hall



Charles Lewis

Annual Meeting & Elections
Sunday, December 8, 2013 Immediately After Service



# Art Gala

Saturday December 7th 7-9:00 PM

You are invited to begin your Holiday Festivities enjoying beautiful works of art, original poetry read by the poets, refreshments and great company!



Watercolors Poetry

Nancy Newman Maxine Clair

Emily Newman Nancy Newman

Relene Shuster Alan Crosby

Others

For more information, call 703.533.0388







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## Wreaths Across America

## December 14th

## Arlington National Cemetery



Again this year Celebration Center will be participating in "Wreaths Across America." Our volunteers will join others placing wreath on graves at Arlington National Cemetery.

To volunteer to place wreaths at Arlington please *meet at the Arlington Metro Station at 9:00 AM on Saturday, December 14th.* We will go from there to the amphitheater for the opening ceremonies at 9:30 AM and instructions. Volunteers then line up behind the trucks to receive wreaths for placement. When you place the wreath please remember you may be the first person to

visit this grave in years so take time to read the stone and honor the memory of that hero. The final ceremony will take place at the Tomb of the Unknown Soldiers at 12 noon. For more information, go to: <a href="http://www.wreathsacrossamerica.org/act-now/volunteer/volunteer-your-time/#sthash.4wjatJaA.dpuf">http://www.wreathsacrossamerica.org/act-now/volunteer/volunteer-your-time/#sthash.4wjatJaA.dpuf</a> Please let us know if you plan to be with us by putting your name and cell phone number on the sign-up sheet will be in the Sanctuary or by sending an email to info@celebrationcenter.org

# "SOCA" (Seekers of a Certain Age) ... Andy Murphy

About a year ago, Ed Preston and I started a group for spiritually oriented seniors to support one another in the art of growing old gracefully, or as Ram Dass calls it—conscious aging. We've been meeting monthly in members' homes with an average attendance of 13-15.

The goal is for like-minded elders to share the ways we cope with the new challenges that come with aging, you know—geezer stuff. Some of us are care givers for a loved one and others need to receive care. Finances, isolation, self-worth, energy in keeping up with our grandchildren, and more.....there seems to be a new challenge weekly. A friend of mine in McLean, a former CEO, has a similar neighborhood group which she calls People Who Used to Be Somebody.

Occasionally discovering the secret joys of aging, we discuss themes of interest to elders of all walks: Sex, God, Rock & Roll, Replacement limbs—all the ways life gets better. Sometimes we watch a TED talk, using it as a springboard to discussion. This summer, we saw My Stroke of Insight, a moving account by neuroanatomist Jill Bolte Taylor, who experienced a massive stroke and studied it as it happened; she has since become a powerful voice for brain recovery. It's no secret that seniors are rightfully fearful of a stroke. We learned a lot that day.

The group is low-key, accepting, supportive, and eager to walk this aging path consciously and gracefully, always grounded in metaphysical principles, reminding each other who we truly are There are no dues or fees. Plus, we provide good snacks while we explore the mysteries of our ever-changing course of life. Join us!

Next meeting: Saturday, December 14, 2:30 - 5:30 p.m. at Ed & Diane Preston's.

## Annual Holiday Party

## December 15



Turkey provided~~Bring your favorite holiday side dish

(veggies, potato, salads, desserts, appetizers)

Sign up sheet in Sanctuary to let us know what you're bringing!

Santa's Elves needed to set up, serve, clean up

More Elves are always welcome!

Santa might even drop in!!!

## Winter Classes

# "Foundations of Science of Mind and Spirit" 11 weeks ... Starting Tuesday evening January 14th with Rev Trish

Have you ever wanted to feel really empowered? Would you like to enhance your sense of connection with your Higher Power? Are you ready to discover your emerging direction and purpose and how to make it happen?

Join this powerful class for a journey of self-discovery within an experiential format of lecture, discussion, sharing and process. You will learn spiritual principles and practices like meditation and affirmative prayer (spiritual mind treatment), and how to focus your intentions to create more powerful results that will change your life for the better forever. The Creative Process is introduced at the beginning of the class and then flows through each week so that the student has the opportunity to see and use the Creative Process as it works in their lives. You can learn to make your dreams a reality! Upon completion, you will have a solid foundation in order to deepen and grow in your studies, and you will be eligible to participate in additional certificated classes. Prerequisite: None. Required Text: Science of Mind by Ernest Holmes.

Regularly \$210 SPECIAL PRICE!!! Now only \$149!!! (Save \$61!!) Drop by our Opened Mind bookstore or enroll on line at <a href="https://www.2013F-ccsl-foundations.eventbrite.com">www.2013F-ccsl-foundations.eventbrite.com</a>

### "Power of Your Word"

### 8 weeks ... Starting Saturday morning January 18th with Rev Trish

This is an amazing course on the power of every word you speak. Each week is a thoughtful approach to the deeper understandings of prayer: How does the nature of God in man create prayer, the impact of creative law and beliefs, what to pray about, affirmative prayer, and how prayer is continuous. Each week has experiential exercises to give these ideas a reality for the student. Prerequisite: Successful completion of a foundational class. Required Text: Science of Mind by Ernest Holmes. \$180 in advance; \$195 after 2nd class or in installments. Drop by our Opened Mind bookstore or enroll on line at www.2013F-ccsl-powerofyourword.eventbrite.com



Brrrr! It's Getting Cold Outside!

Again this year we will be collecting cold weather gear ...

Coats, gloves, scarves and hats

For homeless men, women and children on Northern Virginia

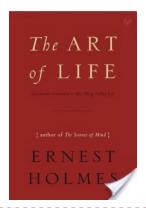
New and Lovingly Used are both deeply appreciated!

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## The Art of Life ... a Book Review by Rev Laurie Bolster

"There is a Universal Wholeness seeking expression through everything. We are calling it simply *Life*. ... Life is infinite energy coupled with limitless creative imagination." (p. 3) This little book

has been around a long time, has a new title, and rings with truth. Holmes is purely on-message, a powerful mystic soaring in simplicity - making Science of Mind make sense - and inspirational for all. Frankly, soaking in these 160 pages can probably replace most self-help workshops. Beginning with a choice to stay open to spiritual wisdom, perhaps even by taking a simple "what if this is true?" approach if you are unsure, this practical and poetic explanation of Life will change yours. The author was an orator - read it aloud! For practitioners of this belief who think you know Holmes' work, this is a powerful recharging. Read it and smile. This book was formerly published as *This Thing Called Life*.



~ Our Purpose ~

At Celebration Center, we are dedicated to raising the consciousness of all those we encounter and to fostering prosperity in every aspect of life. Through our ministries and other expressions of spiritual community, we nurture, uplift and inspire individuals. Heart-centered connections are made and a deep, rich sense of purpose and service in the community and the world are embraced. We are alive as Spirit. We are here to serve.

# Sharing Our Abundance!



Again this year the Celebration Center is supporting Food For Others, the largest distributor of free food directly to people in need in Northern Virginia. It provides vitally needed assistance to our unemployed and low-income neighbors. They are a safety net for people who suddenly face unforeseen emergencies such as loss of a family member, family illness or job loss. It is estimated that more than 90,000 people in the immediate Northern Virginia area are living in poverty and that 30% are children.

Food for Others relies on the generosity of individuals and organizations such as ours. It has a small, dedicated staff and over 1, 000 volunteers that keep costs low and maximize service to those in need. The greatest current needs canned meats and fish, meals in a box such as macaroni and cheese, canned fruits and vegetables

Since Food for Others is a qualified tax exempt organization all those who wish to contribute money rather than food items will receive a tax receipt for all their donations.

Place your gifts in the boxes in the Sanctuary. Please share generously and often!

# Candle Lighting Service

## Christmas Eve



Traditional rituals remind us of our connectedness. Our annual candle lighting ceremony is one of those traditions. We follow the mythical path of the birth of the "Christ Consciousness" —the light and life within each of us.

## Tuesday, December 24<sup>th</sup> at 7 PM.

Join in the richness of meditation accompanied by beautiful music in the company of old friends and new. You will find yourself awakening to a new experience of "Christ Consciousness" that is not limited to any one religious tradition. It honors the birthing of the Universal Consciousness of Oneness.

Bring family and friends to beautiful holiday service that evokes the true spirit of the season.



## Burning Bowl Ceremony

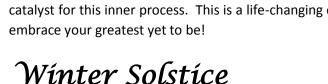
## December 29th

Any "date certain" is great to set as a point of new beginning, so then New Year is a perfect date to embrace new experiences, build new habits, adopt new practices ... and sometimes they just don't seem to "stick." More often than not, the old patterns of thought and behavior hang around so the new is just heaped on top and eventually old habits push their way back to the forefront. Through this ritual we clear out anything and everything that no longer serves us so that a welcoming void invites in your new ways of being.

This year our Burning Bowl Ceremony will be incorporated into our Sunday Celebration Service December 29th at 11:00 AM

It is a time for release and renewal. We use fire's alchemical energy to transform any-

thing that is outdated or blocking us, into a new zeal for life. Make a conscious choice to rid yourself of old paradigms. Leave your fears and negativity behind. Connect with your passion and inner fire of life. Use this Ceremony as an outer catalyst for this inner process. This is a life-changing experience. Release and let go! Vaporize what's not working and embrace your greatest yet to be!







Winter Solstice Prayer of Joy

Let the LIGHT shine to and through me.

Let me feel full with the radiance of the All That IS.

Let me know the truth of who I AM

Life is grand, Life is precious, Life is pleasure, Life is JOY!

I am here to live life to the fullest, O Spirit, guide me to find joy in every activity!

## World Peace Meditation

## December 31st

Be with us on <u>Tuesday morning</u>, <u>December 31<sup>st</sup></u>, <u>at 6:45 AM so that we are ready at 7:00 AM</u> to join millions of people all over the world at that exact same time to heal the troubles that are



experienced by so many around the globe. We are brining this about by raising universal consciousness through prayer and mediation dedicated to peace on earth and harmony among all peoples.

### REMINDER! This service is starts promptly at 7 AM.

A bit of history ... John and Jan Price are spiritual teachers who founded the Quartus Foundation in 1981. The Word "Quartus" denotes the four-square aspect of each individual: Spiritual, Mental, Emotional, and Physical. In 1986, the Prices originated The World Healing Day Event - a global mind link. Individuals all over the world of all faiths meditate and pray for peace at the same time.

When we gather, we join our consciousness with all the others at the exact same time around the planet, meditating, praying and reading the World Healing Meditation written by John Randolph Price. We envision a time when critical mass in consciousness is reached and the collective experience of the planet is that of peace, acceptance of all people, and higher Truth.

Please join us in the Sanctuary for this annual early morning service **December 31st** (the morning of New Year's Eve). Doors open at 6:45 AM.

# Prosperity Plus & Prosperity Plus II

**Prosperity Plus, A New Way of Living,** is a 10 week program that teaches spiritual practices of an ABUNDANT LIFE! You will move from fear, scarcity and limited thinking to a life full of possibility, prosperity and promise. You will experience deeper spiritual practice, expanded relationships, financial security and greater self awareness and self-esteem. In this course, you will discover the 10 Laws that govern an abundant life and will be given the opportunity and encouragement to put them into daily practice. This 10 week "experiment" will be the catalyst for a new way of LIVING and CREATING your good.

Start Date: Thursday, January 16th.7-9 PM with Inge Schweiger, RScP Retired

No prerequisite, however, pre-registration is necessary.

**Prosperity Plus II, Harnessing Your Invisible Power,** a brand new 10 week program from Mary Morrissey that is assured to drill you deeply into the essence of your being to reveal your personal greatness and raise you to greater successes than you have imagined possible.

**Start Date:** Thursday, February 20th, 7-9 PM with Rev Laurie Bolster

<u>Prerequisite: Completion of Prosperity Plue, and, pre-registration is necessary.</u>

## Meditation Opportunities ... to suit everyone

You are invited to join Rev Trish and others in Revealing God's Highest Expression as Your Life ... and ...
How Spirit Desires to Express as Celebration Center!

We use a Visioning Process similar to that used by Agape International

Second Sundays—9: 30 AM in the Sanctuary

No experience needed ... the Divine within knows exactly how to do it!

# "Join Me in the Silence" is Maxine Clair's Invitation Every Wednesday



Come discover or re-awaken to the loving support that group meditation can give to your personal practice. No matter what religious or spiritual leanings you subscribe to, the simplicity of sitting in stillness expands the gifts of presence, awareness and attention you allow yourself to experience.

When: Wednesdays, 7:00 - 7:30 pm and 7:45 - 8:15 pm

Doors open at 6:45.

Where: The Loft. For your quiet arrival, you will enter the library area and then proceed to

the central Silence Zone

# Special Meditation with Tibetan Bowls <u>First Sundays - 6:30 PM</u>

(Please arrive early to prepare to start promptly)

Immerse yourself in healing sound of the Tibetan bowls. Through a range of tones and overtones you will experience physical and spiritual release. Attendees are encouraged to lie on a yoga mat and feel the vibrations carry along the floor and enter into their bodies. These vibrations help you meditate and provide healing energy at a cellular level. While sitting or lying on the floor you may experience physical, emotional and/or spiritual healing.

- 1) You may wish to bring a yoga mat and small blanket so you may sit or lie down in comfort.
- 2) For those who arrive late, you are welcome to join us ... as guietly as possible.

# Every Third Sunday Practitioners, Connee Chandler and Ed Preston, Invite You to the Calm of Evensong

Evensong is a worship service spoken or sung at the onset of evening to mark the close of day with gratitude and to compose the mind and renew the spirit for the coming week. Our Evensong is a peaceful, relaxing combination of prayer, meditation and music. This precious gathering is serene ... a coming together of Heaven on Earth and the Even Song's endless fulfilling of the Divine through the motion of the Universe. Give yourself a gift. Set the tone and intention of every third week within peace, grace and God centered living.

Where: In the Sanctuary

When: 6:30 PM every 3rd Sunday

Come prepared to be restored, renewed and revitalized within the loving experience.

# Experience Taizé ... Become Entranced by the Melodic Chanting and the Glow of Candlelight 4th Sundays

Taizé evokes a rich collective consciousness that joins with others around the world. It is a prayer of peace. It is characterized by simple songs and musical lines that are sung or chanted by the whole assembly of various nationalities, languages, and denominations. Participants immerse themselves in the simple yet profound harmonies allowing themselves to go more deeply into the meditative experience in the music offset by periods of silence and prayer.

Where: In the Sanctuary

When: 6:30 PM every 4th Sunday

# Global Chanting 5th Sundays in the Sanctuary

We are part of a global network of chanting circles. Our mission is to use chanting as a vehicle for global transformation and healing. We are open to wisdom from all traditions without being linked to any one teaching or ideology. Our sacred chant collection includes chants from the Buddhist, Christian, Hindu, Jewish, Native American, Sikh, and Sufi traditions. At the beginning of a session, each member dedicates the love, blessings, and healing energy that is to be generated in the circle to serve as a beneficial presence raising the consciousness of peace throughout the world.

# Come in out of the cold ...

# Fírst Sunday Feasts

Beginning the first Sunday of January (the 5th) we will have monthly potluck feasts! The theme for January is "Souper Sunday" so everyone is encouraged to bring a crock pot of your favorite soup, a delicious bread, a salad or dessert. Sign up sheets will be in the Sanctuary so you can indicated what you will be contributing!

## Treasure Mapping

January 5th



A Treasure Map is a collage that displays your dreams and goals. On Sunday, January 5th, after Celebration Service and First Sunday Feast (our new monthly potlucks!), we will launch the New Year with a time to reveal your personal Treasure Map. Facilitators Ed Preston, RScP and Diane Preston, RScP Emeritus lead us in developing our Treasure Maps to reflect what we most want in the upcoming year.

If you are unfamiliar with Treasure Mapping or just need to be refreshed about how it works, here's a simple outline of the process:

- Meditation ... to still the body and quiet the mind so that Spirit can reveal heart calls and desires
- Gathering images ... to allow Spirit to lead you to the perfect images from magazines and other print materials that are made available
- Contemplation ... to sense how you are being guided to lay out the images that have called to you
- Assembling Your Treasure Map ... to mount your images on your personal Treasure Map
- Appreciation ... to look at the beauty of what you and others have created

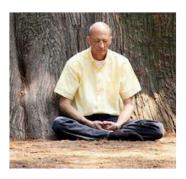
Magazines and other publications, poster stock, scissors, glue and assorted art supplies are provided. You can, of course, bring other supplies of your choosing. A "Gift of Gratitude" is requested to defray supply costs. We'll start at about 1:30 PM.

# "Stay Tuned for Other January Happenings!

- Community Planning facilitated by Rev Aimee Daniels ... how to move our vision into our experience and support Celebration Center in becoming its greatest yet to be!
- Sunday Seminar Series ... a series of free workshops on a variety of topics including meditation, visioning, practical spirituality, abundant living and more

## A Message of Peace

## January 25th—26th



We welcome the Volunteers of Rene Mey who provided healing blessings at our World of Health and Wellbeing, as they bring a presentation by Rene Mey who has been described as the embodiment of Love.

Rene Mey, a French humanist with no political or religious affiliation, will be at Celebration Center bringing a message of peace and hope to form a new path for helping to heal the world.

His presentation is open to the public and is offered without charge. This offering will be in French and Spanish with English translation be provided. More details will be provided soon.

Let's push past our comfort zone when we bring love out into the world.

Too often we hold back because it doesn't feel socially acceptable.

Let's redefine socially acceptable and

Enable the whole world to feel our love, God's love, the One love.

... Steve Farrell

## **Area Science of Mind Directory**

For other Centers of Spiritual Living, Teaching Chapters & Study Groups
Go to: www.csl.org

### Anne Arundel-Maryland City Study Group

When: Alternate Thursdays 7:00 PM
Where: Maryland City Russet Library, Laurel, MD
Info: Tim Phares, RScP or Suzanne Delahaie, RScP
(301) 498-2025

### Center for Spiritual Living DC

Sundays on Capitol Hill—11:00 AM Wednesdays in Takoma DC—8:00 PM www.CSLDC.org

RevAlex@CSLDC.org 202-906-0754

### **Stafford Study Group**

Wednesday Evening 7:00 PM Where: Frank P. Moncure Masonic Lodge 2001 Courthouse Rd, Stafford VA 22554 Info: Rev. Faith Woods: 703-216-6601

### **Sterling Study Group**

First & Third Sundays

Where: Hampton Inn off Route 7 in Sterling, VA Info: Connee Chandler, RScP (703) 406-3427 or website: <a href="https://www.sterlingstudygroup.org">www.sterlingstudygroup.org</a>,

PAGE 16 THE CELEBRATION SPOTLIGHT

Continued from page 1 without limit. It is said to be "there for the taking." My question to you is how big a taker are you? How much are you willing to receive? Most people will respond with "bring it on ... bring on the good!" And I challenge whether that is true for most of us. Most of us hold some pretty strong beliefs about what is enough, what is not enough and what is too much. We've all read about lottery winners who ended up impoverished. Our self concept is critical. Whatever is our current level of health, wealth and happiness is the outpicturing of our current beliefs. Our beliefs are formed experientially over time. We take from all our experiences and practice behaviors habitually until we anchor beliefs about ourselves and our world. As I said, our current level of health, wealth and happiness is the projection of our beliefs. That may be wonderful ... and it may not be satisfying. If your current level is not causing you to have a sense of satisfaction and feel joy, then it is time to take that feedback and do something about it.

The something that we need to do is expand the vessel. Expand you! Expand me! Expand the possibility for everyone! Have you ever heard anyone (including yourself) utter the words, "That's just who I am!" I am saddened every time I hear that declaration. How stuck can someone be? Because we are individuations of Spirit, the pure potentiality of an illimitable Divine, such a statement just isn't true - at least not spiritually true. It cannot possibly capture that more than enoughness of each of us. We are not static. In order to have a greater experience of health, wealth and happiness, we

must be willing to expand our vessel. It is really quite simple, and I won't claim that it is easy (although there is absolutely no reason why it couldn't be).

All we need do is "claim our Divine birthright" and embrace our Spiritual Truth. You have undoubtedly heard, "we are spiritual beings engaged in a human experience." Do you really believe it? Have you embodied it? Is your life a reflection of that belief? If not, then I suggest that you join with the rest of us in releasing fictitious beliefs that hold us back from a fully realization of how completely awesome we spiritual beings are! I love the centurion's prayer, "Lord, please rid me of my disbelief."

So how do we go about this? The "we" in that statement is very powerful. When we set an intention and commit to its fulfillment, we ride on the collective energy of all of us. We remember on behalf of one another, especially in times when it may be easy to forget.

There are some things that I know for sure: Spirit is illimitable and that I am an expression of Spirit. Spiritual Logic then dictates that I am illimitable. The question we each need to ask ourselves frequently (very frequently) is, "Is my behavior reflective of that Spiritual Truth?" If not, simply take note, imagine what behavior would be reflective of that Spiritual Truth and try it on. Practice it consciously until it becomes a habit thus starting the process of changing beliefs that may be deeply anchored. If yes, it would be appropriate to affirm, "Yes, thank you. More please!"

> Namasté Rev Trish

Have you ever felt a "heart call"?

It's when something inside says, "This is mine to do" and no matter how hard you try to resist that niggling voice inside says, "Pick me!" when someone asks for assistance.

I'm asking. There are tasks to be handled by someone who is listening to that voice within.

Please look at the list to the right. Many need team members, some need leaders.

What is your heart calling you to help with?

In Love and Gratitude ... Rev Trish matter how hard you try to resist one asks for assistance. is listening to that voice within. embers, some need leaders. In Love and Gratitude ... Rev Trish

# Ministry, CORE & Team Leaders... We deeply and gratefully acknowledge the selfless service given by

our CORE, Team and Ministry Leaders and Members

COREs, Teams and Ministries	Coordinator	Telephone	Email
CORE Council	Janine Bilyeu	703-309-4067	Janine_38@hotmail.com
Enhanced Visibility			
Opened Mind Bookstore			
Tucker-Hill Library	Suzanne Delahaie	301-498-2025	tbpsmd@cavtel.net
Vision CORE	Rev Trish	703-677-7102	revtrish@cox.net
Stewardship CORE	Rich Kurasiewicz	703-823-3826	rikivin@yahoo.com
Operations & Finance	Duke Height	703-998-3092	Israel.height97@verizon.net
Loving Our Home			
Ecclesiastical CORE	Rev. Trish Hall	703-677-7102	revtrish@cox.net
Practitioners	Suzanne Delahaie	301-498-2025	tbpsmd@cavtel.net
Family Ministries			
Music Ministry	Amy Conley	703-671-1802	amidee01@aol.com
Educational Services	Duke Height	703-998-3092	Israel.height97@verizon.net
Welcoming Team	Melinda Erdberg	703-876-9693	lindae703@aol.com
Kitchen Angels			
Special Events			
Global Heart Outreach			
Congregant Services CORE	Rev Laurie Bolster	703-534-2748	Lifesgrandlb@earthlink.net
Care Team	Nancy Newman	703-409-2881	nnewman123@cox.net
Congregant Connections	Frank Mitko	703-405-8384	Frank_mitko@verizon.net
Sacred Service	Libby Hecker	703-580-0761	lib3by@verizon.net
LGBT and Friends			
Men's Group	Sam Jenkins	703-866-2478	ysmtysam@yahoo.com

# Celebration Center for Spiritual Living™

2840 Graham Road, Falls Church, Virginia 22042

"The Sanctuary"

2830 Graham Rd #220, Falls Church, Virginia 22042

"The Loft"

Telephone: 703/560-2030 Fax 703/560-1261

info@celebrationcenter.org





Serving the Washington, DC Metro Area since 1985, the Celebration Center is a multi-cultural, inter-generational Center that embraces and nurtures all people seeking personal growth and spiritual transformation. We teach the transformative philosophy of Science of Mind and Spirit that empowers people to awaken to their own Divinity and that of all life. We encourage everyone to expand their receptivity to an ever expanding experience of the Divine, since we know that "the limitless givingness of Spirit is available to all to the degree that they are open to receive".

Each Sunday, we offer an array of opportunities in which to immerse oneself in Spirit. Our Celebration Service and our Family Ministries Programs for youngsters of all ages are at 11:00 AM . We also have a 6:30 PM evening service. Throughout the week there are classes, discussion groups and activities to suit varied interests.

To learn more about us, go to our website: <a href="www.celebrationcenter.org">www.celebrationcenter.org</a>. email our Community Spiritual Leader, Rev Trish Hall at revtrish@cox.net, call our offices at 703/560-2030 or come to services. All are welcome here!

## Calendar

### **Sunday Service Schedule**

11:00 AM Celebration Service

6:30 PM Evening Service

- -1st Sunday Tibetan Bowls/ Meditation
- -2nd Sunday-On hold
- -3rd Sunday-Evensong
- -4th Sunday-Taizé
- -5th Sunday-Meditation/
  Chanting

~ See pages 6-7 for details ~

Like us on Facebook

### On Going ....

### Sundays in the "Loft"

1:00 to 3:00 PM

- 1st Sunday—Practitioners' Meeting
- ∞ 3rd Sunday—Family Ministries

# Tuesdays in the "Loft" 2nd & 4th Tuesdays

Men's Group 7:00-9:30 PM

2nd Tuesdays—Leadership Council

### Wednesday Evenings in the Loft

7:00 PM—Silent Meditation Wednesdays in the Sanctuary Choir Rehearsal—7:30-9:00 PM

#### **Celebration Center Staff**

### **Senior Minister**

Rev Trish Hall 703/677-7102

#### Office Manager

Duke Height, RScP Emeritus 703/560-2030

#### **Music Director**

Amy Conley 703/298-3026

**Bookstore Team Manager** 

#### **Family Ministry**

Link to these booksellers through our

amazon

website and generate commissions for our Center.

